

“Remember The ‘REST’ Of The Week!”

August 10, 2003

Exodus 20:8-11

Highline Christian Church

Message #7—“God’s Original Top Ten” Series

“Remember the Sabbath day by keeping it holy.”

Ex. 20:8

1. We Are R_____!

We begin to feel _____ if we _____.

Most Americans _____ their work, _____ at their play, and _____ at their worship.

Somewhere along the line, most of us bought into _____ as a chief value in life.

Types of Work-a-holics:

- I _____
- P _____
- A _____ Seekers
- S _____
- E _____
- M _____

2. We Need R_____!

God isn’t against work; He’s against work _____ our lives.

There is a m_____ law for people too.

“Making a _____ is more important than making a _____.” Will Willimon

3. We Need R_____!

Is this day to be a h_____ or a h_____ day?

They decided that there were _____ different types of work...In all this micro-management they came up with a list of _____ “works” which could not be done on the Sabbath.

This commandment was _____ repeated in the New Testament as binding on Christians.

Jesus c_____ the Sabbath.

“The Sabbath was made to benefit people, and not people to benefit the Sabbath. And I, the Son of Man, am master even of the Sabbath.”

Mark 2:27-28 NLT

4. We Can _____!

- 1. Pick _____ day.
- 2. Make sure you really _____.
- 3. Do things that put _____ in your _____.
- 4. Reconnect with _____.